

# The Care Management Group: What's happening during the week?

## Newbold Community Playgroup:

The Newbold Community Playgroup is run Monday to Friday from 9:30-12:30pm. The Playgroup has grown over the years, and in 2009 received an outstanding achievement from OFSTED. Call the office to find out if places are still available.

## Over 60's Group:

The Over 60's Group runs fortnightly on Friday afternoons from 12:30-2:30pm. All enjoy a great time, with games, craft and a hot meal on offer. We also run occasional trips, and there is a special Christmas Party to finish the year in style. Anyone over 60 is welcome.

## Wednesday Kids Klub:

Runs weekly from 7pm-8pm. The longest running Kids Club of its kind in Rochdale, the club continues to grow from strength to strength and is well attended by the kids on the Newbold Estate. Children between the ages of 7-12 always welcome!!!

## Coffee Morning:

On a Thursday morning we run a Coffee Morning for young men and women in the Newbold area. This provides an opportunity to meet up with friends and socialise. We also provide practical support, including

help with benefits, CV's Job Applications etc. Starts at 9.30am – 12.30pm

## The Zone Youth Club:

The Zone Youth Club runs three nights a week. On a Monday and a Wednesday it is open for 12 to 16 year olds and on a Friday for 16 to 19 year olds. On a Monday and a Wednesday we open from 3.45pm to 6.15pm (Inc 30 minute discussion time). On a Friday we open from 3.45pm to 5.45pm

## Word Perfect – Adult Literacy Classes:

Starting up again in September, the Adult Literacy Group has been going well and has seen a consistent number of attendance levels. Whether an absolute beginner or looking to improve existing reading and writing skills, people can work entirely at their own pace. Adult Literacy has also developed further to involve Computer Literacy. Places are available, and classes are held each Tuesday and Thursday from 1pm-3pm.

## ALSO ON OFFER DURING THE WEEK:

**Zumba Classes: Tues and Thurs, 6pm-7pm**

**Art Classes: Wednesday, 1pm-3pm**